

# Steps To Your Health - 5K Run & Walk, 4/8/2006

## Category

Name	Town	Age	Time	Place
<b>Division - Run</b>				
<b>Overall Male</b>				
1. Lara, Rojelio	Grand Blanc, MI	47	18:59.63	1
<b>Overall Female</b>				
1. Derocher, Kelly	Saginaw, MI	27	20:18.67	5
<b>1-14 Male</b>				
1. Henderson, Kyle	Freeland, MI	14	19:27.39	2
2. Blue, Seth	Saginaw, MI	10	27:51.74	34
<b>15-19 Male</b>				
1. Hurd, Nicholas	Saginaw, MI	18	24:23.04	20
<b>20-24 Male</b>				
1. Jurges, Garrett	Ubly, MI	23	19:50.89	3
<b>20-24 Female</b>				
1. Nyquist, Traci	Unknown, NA	23	23:37.44	18
2. Wesmer, Rebecca	Saginaw, MI	24	26:45.94	30
3. Larsen, Jessica	Saginaw, MI	23	40:44.82	54
<b>25-29 Male</b>				
1. Williams, Brad	St. Charles, MI	26	21:24.88	9
2. Gerisch, Matt	Saginaw, MI	27	22:27.50	12
3. Klosowski, Mike	Elkton, MI	25	24:33.94	21
<b>25-29 Female</b>				
1. Schafer, Amanda	Saginaw, MI	28	26:06.03	28
2. Lasceski, Julie	Saginaw, MI	26	28:28.37	37
3. Bautista, Leslie	Saginaw, MI	28	28:40.00	38
4. Allison, Jennifer	Alger, MI	26	45:20.93	60
<b>30-34 Male</b>				
1. Lasceski, Joe	Saginaw, MI	31	20:03.93	4
2. Fourment, Christopher	Saginaw, MI	33	23:05.27	16
3. McLaughlin, James	Saginaw, MI	33	23:28.60	17
4. Bautista, Chris	Saginaw, MI	31	26:09.98	29
<b>30-34 Female</b>				
1. Rohn, Danielle	Crested Butte, CO	31	24:47.43	25
<b>35-39 Male</b>				
1. Peterson, Scott	Bay City, MI	37	20:45.44	7
2. Nowosatko, Marion	Saginaw, MI	38	26:01.11	27
3. Shokoohi, Kamran	Saginaw, MI	38	31:59.49	44
<b>40-44 Male</b>				
1. Blue, Ed	Saginaw, MI	41	23:02.79	14
2. Fish, Timothy	Freeland, MI	41	28:26.15	36
<b>40-44 Female</b>				
1. Fitzgerald-Stavely, Kathy	Hemlock, MI	43	30:46.85	40
2. Richards, Michelle	Saginaw, MI	40	30:54.43	41
<b>45-49 Male</b>				
1. Kemp, Joe	Saginaw, MI	45	20:37.13	6
2. Czapor, David	Farmington Hills, MI	47	21:26.61	10
3. Swanson, Reed	East Tawas, MI	46	23:04.84	15
4. Hollis, Don	Saginaw, MI	45	24:39.96	23
5. Wells, Mark	Saginaw, MI	49	40:46.52	55

**45-49 Female**

1. Martin, Teresa	Freeland, MI	46	25:33.31	26
2. Legg, Teresa	Saginaw, MI	48	27:57.44	35
3. Connaghan, Ann	Essexville, MI	47	34:17.28	47
4. Barraza, Cindy Lou	Freeland, MI	45	37:29.03	48

**50-54 Male**

1. Restifo, Mike	Saginaw, MI	50	22:01.90	11
2. Vick, Mark	St. Helen, MI	54	31:18.84	42

**55-59 Male**

1. Harris, Robert	Saginaw, MI	58	21:20.74	8
2. Maxfield, Gregory	Oxford, MI	56	23:42.01	19
3. Howard, Ross	Frankenmuth, MI	59	26:55.25	31
4. Braun, James	Saginaw, MI	55	27:16.04	32
5. Mendoza, Oscar	Freeland, MI	57	31:20.08	43
6. Carson, Phil	Frankenmuth, MI	59	33:03.59	46

**55-59 Female**

1. Maxfield, Melodie	Oxford, MI	57	27:22.97	33
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**60-69 Male**

1. Hart, Norman	Davison, MI	64	22:53.65	13
2. Rohn, Gerald	Freeland, MI	60	24:39.15	22
3. Block, Leonard	Bay City, MI	63	24:44.93	24

**70-99 Male**

1. Hensley, Harrison	Pinckney, MI	73	30:37.29	39
2. Sroufe, Larry	Beaverton, MI	74	37:29.39	49

**Category**

Name	Town	Age	Time	Place
<b>Division - Walk</b>				
<b>Overall Male</b>				
1. Gilles, Andrew	Midland, MI	43	39:38.36	51
<b>Overall Female</b>				
1. McAnelly, Danise	Saginaw, MI	38	32:54.15	45
<b>35-39 Female</b>				
1. Levasseur, Lynn	Midland, MI	35	40:13.30	53
<b>45-49 Female</b>				
1. Frey, Cathy	Pinconning, MI	49	42:56.54	57
2. Darby, Carrie	Saginaw, MI	46	51:07.65	61
<b>55-59 Male</b>				
1. Cable, David	Saginaw, MI	58	39:47.97	52
<b>60-69 Female</b>				
1. Matthews, Jane	Grand Blanc, MI	60	39:18.18	50
<b>60-69 Male</b>				
1. Brandenburg, Stanley	Pinconning, MI	61	42:57.28	58
2. LeVasseur, Tom	Auburn, MI	65	43:30.74	59
<b>70-99 Male</b>				
1. Legg, David	Saginaw, MI	86	51:10.50	62

Race Management Services by Miller Race Management