

Bay Area Family Y

5K Run/Walk

1/2 Mile Youth Run

Saturday, June 19, 2010 - 9:00 a.m.



Location: Bay County Community Center (Bay City, MI) 800 John F. Kennedy Drive
 Directions: Call (989) 895.8596 to get directions
 Starting Times : 9:00 a.m. (run) - 9:10 a.m. (walk) - Youth Run immediately following Walk
 Course: Flat pavement surface that takes runners along the Saginaw River
 Rest Rooms: Available inside Community Center - limited changing space
 Early Registration: Registration must be received at the Y by June 12th @ 10:00pm
 Late Registration: From June 12th until June 19th - no guarantee shirts will be available
 Race Day Reg./Packet Pick-up: 7:30 a.m. - 8:45 a.m.

Entry Fees: \$15 with a shirt - \$8 without a shirt
 (\$17 late registration with a shirt; \$10 without a shirt; \$2 extra for XXL Sorry, we cannot guarantee shirts for anyone entering after June 12th.)

AWARDS

Runners: 1st Place over all - male & female - Top 3 finishers in each age group
 Walkers: Top 5 male & top 5 female finishers. Walkers may race walk, saunter, shuffle, speed walk or power walk but **NO RUNNING PLEASE.**
 Youth: Participation ribbon for all participants

Age Divisions:	14 & under	15-19	20-24	25-29	30-34	35-39
	40-44	45-49	50-54	55-59	60-64	65 & up

Mail Entry to: Bay Area Family Y, 111 North Madison Ave., Bay City, MI 48708
 Make Checks Payable to: Bay Area Family Y



Event Entered 5K Run 5K Walk 1/2 Mile Youth Run

Last Name _____ First Name _____

Birth date _____ Age on Race Day _____ Sex: M F

Address _____

City _____ State _____ Zip _____ Phone _____

Shirt Size Small Med Large XL XXL (add \$2) No Shirt

In consideration of my participation in this event, I for myself, my heirs, executors and administrators, waive all rights and claims for damages I may have against the Bay Area Family Y, Bay County Community Center, City of Bay City, the sponsors of this event, their agents, representatives, successors and assignees, for any and all injuries suffered by me at said event, or which may arise out of my traveling to, participating in, and returning from this event. I further state that I am in proper physical condition to compete in this event.

NAME: _____ DATE: _____

All Participants Must Sign the Waiver. Parent must sign for those under 18