

# Steps To Your Health - 5K Run & Walk, 4/26/2008

## Category

Name	Town	Age	Time	Place
<b>Division - Run</b>				
<b>Overall Male</b>				
1. Love, Mo	Saginaw, MI	27	17:11.60	1
<b>Overall Female</b>				
1. Derocher, Kelly	Freeland, MI	29	21:24.87	8
<b>15-19 Female</b>				
1. Carpenter, Katelyn	Davison, MI	15	32:04.34	33
<b>20-24 Male</b>				
1. Slumka, Kevin	Saginaw, MI	20	17:37.65	2
<b>20-24 Female</b>				
1. Richardson, Rebecca	Burton, MI	22	25:07.23	22
<b>25-29 Male</b>				
1. Jorges, Garrett	Ubly, MI	25	20:39.85	6
2. Itoney, Mathew	Saginaw, MI	29	24:12.48	17
3. Klosowski, Mike	Elkton, MI	27	24:18.69	18
<b>25-29 Female</b>				
1. Bonner, Jennifer	Saginaw, MI	27	22:11.80	10
2. Blamer, Megan	St. Helen, MI	25	25:47.76	23
3. Fleming, Lisa	Bay City, MI	25	27:13.23	28
4. Tedford, Lisa	Mt. Morris, MI	29	34:41.60	36
<b>30-34 Male</b>				
1. Trombley, Jason	Saginaw, MI	33	26:58.46	27
2. Holm, Chris	Saginaw, MI	33	42:14.80	40
<b>35-39 Male</b>				
1. Peterson, Scott	Bay City, MI	39	19:14.09	5
2. Landman, Craig	Freeland, MI	37	22:37.71	12
3. Landman, Scott	South Lyon, MI	39	23:52.08	14
4. Nowosatko, Marion	Saginaw, MI	39	26:45.49	25
<b>40-44 Male</b>				
1. Brooks, Tim	Flushing, MI	43	21:21.25	7
<b>40-44 Female</b>				
1. McAnelly, Danise	Saginaw, MI	40	28:46.92	29
<b>45-49 Male</b>				
1. Meadors, Larry	Dublin, VA	45	18:17.90	3
2. Lara, Roger	Grand Blanc, MI	49	18:38.65	4
3. Swanson, Reed	East Tawas, MI	48	21:46.57	9
<b>45-49 Female</b>				
1. Lara, Ruth	Grand Blanc, MI	47	22:49.57	13
2. Martin, Teresa	Freeland, MI	48	23:58.05	16
3. Stackhouse, Andra	Saginaw, MI	49	26:48.78	26
<b>50-54 Male</b>				
1. Larive, Brian	Kawkawlin, MI	50	24:24.29	19
<b>50-54 Female</b>				
1. Handlin, Wanda	Burton, MI	51	24:31.57	20
2. Bell, Michele	Hemlock, MI	52	32:53.85	34
<b>55-59 Male</b>				
1. Murphy, Michael	Burton, MI	57	22:13.74	11
<b>60-69 Female</b>				
1. Wallen, Jan	Flushing, MI	67	28:47.59	30
2. Silvestri, Marcia	Saginaw, MI	62	44:45.50	43

**60-69 Male**

1. Wallen, Richard	Flushing, MI	68	23:55.48	15
2. Hart, Norman	Davison, MI	66	24:33.24	21
3. Block, Leonard	Bay City, MI	65	26:39.22	24
4. Silvestri, Rick	Saginaw, MI	64	44:45.95	44

**70-99 Male**

1. Ault, Lawrence	Midland, MI	70	28:56.20	31
2. Finnegan, Thomas	Midland, MI	73	31:21.03	32
3. Roberts, David	Saginaw, MI	74	33:07.81	35

## Category

Name	Town	Age	Time	Place
<b>Division - Walk</b>				
<b>Overall Male</b>				
1. Wood, Brian	Saginaw, MI	58	36:33.74	37
<b>Overall Female</b>				
1. Matthews, Jane	Grand Blanc, MI	62	40:45.77	39
<b>45-49 Female</b>				
1. Westphal, Cheryl	Saginaw, MI	46	43:52.88	41
2. Lutenski, Laureen	Saginaw, MI	45	43:53.14	42
<b>55-59 Male</b>				
1. Dobberstein, Daniel	Saginaw, MI	58	54:42.68	46
<b>60-69 Male</b>				
1. Cable, David	Saginaw, MI	60	40:21.59	38
2. Brosowski, Edward	Saginaw, MI	69	47:17.49	45