

# Beach Wellness - 5K Run & Walk, 4/19/2008

## Category

Name	Town	Age	Time	Place
<b>Division - Run</b>				
<b>1-14 Male</b>				
1. Shook, Preston	Bay City, MI	13	26:55.44	54
2. Sheller, Josh	Essexville, MI	14	30:57.00	81
<b>1-14 Female</b>				
1. Whisman, Arianna	Bay City, MI	11	35:10.56	99
<b>15-19 Male</b>				
1. Lange, Konnor	Bay City, MI	15	21:57.98	8
2. Adair, Steven	Bay City, MI	19	22:12.74	10
3. Zettle, David	Kawkawlin, MI	15	22:35.54	12
4. Cooper, Marcus	Unknown, NA	16	23:28.53	22
5. Hanover, Ken	Munger, MI	17	23:40.09	23
6. Haertel, Josh	Bay City, MI	15	25:07.18	38
7. McKee, RJ	Cass City, MI	17	28:31.76	61
<b>15-19 Female</b>				
1. Sheller, Nicolette	Essexville, MI	16	24:57.04	37
2. Wilson, Tiffany	Cass City, MI	15	32:24.61	88
<b>20-29 Male</b>				
1. Wendling, Edward	Essexville, MI	29	21:51.50	7
2. Prior, Zach	Bay City, MI	25	23:15.93	18
3. Maxon, Travis	Midland, MI	28	23:18.27	19
4. Howley, Scott	Grand Blanc, MI	28	23:49.54	26
5. Stanton, Ryan	Essexville, MI	25	25:17.01	39
6. Sharp, Steve	Essexville, MI	28	25:46.28	45
7. Matulewicz, Joshua	Mt Pleasant, MI	20	43:55.86	148
<b>20-29 Female</b>				
1. Coonan, Sheryl	Sterling Heights, MI	28	27:55.09	59
2. Leahy, Jenny	Bay City, MI	27	29:37.77	70
3. Beaujean, Michelle	East Lansing, MI	23	29:44.91	72
4. Rang, Josette	Standish, MI	24	29:47.54	74
5. Delahanty, Sarah	Bay City, MI	29	30:14.63	76
6. Seibert, Meghan	Bay City, MI	23	32:04.45	86
7. Doan, Molly	Essexville, MI	28	32:07.34	87
8. Williamson, Kate	Saginaw, MI	25	33:53.40	92
9. Fall, Leslie	Vassar, MI	29	34:13.59	93
10. Moore, Sonja	Bay City, MI	29	34:17.24	94
11. McCracken, Mallory	Bad Axe, MI	23	35:40.75	101
12. Weinert, Maggie	Allendale, MI	21	43:55.23	147
<b>30-39 Male</b>				
1. Peterson, Cory	Alger, MI	38	18:45.34	2
2. Knapp, Mark	Essexville, MI	34	18:48.58	3
3. Fall, Chris	Vassar, MI	31	19:30.24	6
4. Dutcher, Troy	Bay City, MI	31	21:58.41	9
5. Pingatore, Tony	Bay City, MI	39	23:03.78	15
6. Keenan, David	Holland, MI	38	23:23.93	21
7. Shriner, Richard	Grand Blanc, MI	31	23:49.89	27
8. Purchase, Brian	Bay City, MI	39	24:06.50	31
9. Maillette, Matthew	Bay City, MI	31	27:35.34	57
10. Baker, Jason	Bay City, MI	37	28:58.80	66
11. Izworski, Chris	Bay City, MI	33	30:14.23	75

**30-39 Female**

1. Prokopenko, Debbie	Essexville, MI	36	22:38.67	13
2. Whisman, Erin	Bay City, MI	31	23:40.34	24
3. Robinson, Julie	Bay City, MI	32	23:47.66	25
4. Metiva, Amy	Standish, MI	36	24:22.90	32
5. Dutcher, Bethany	Bay City, MI	30	25:24.26	41
6. Allensworth, Brandi	Essexville, MI	35	25:37.23	43
7. Whalen, Cherie	Auburn, MI	36	25:37.77	44
8. Kwiatkowski, Annmarie	Ubly, MI	38	27:37.97	58
9. Kayner, Denise	Essexville, MI	39	28:40.10	63
10. White, Kristy	Bay City, MI	30	29:11.91	69
11. Maillette, Melissa	Bay City, MI	30	30:51.33	79
12. Keenan, Nikki	Holland, MI	38	31:06.94	82
13. Beson-Seeger, Connie	Midland, MI	36	31:51.39	84
14. Kryzanowicz, Suzy	Bay City, MI	32	33:19.34	90
15. Carney, Stephanie	Essexville, MI	36	34:20.16	95
16. Silver, Tiffany	Bay City, MI	36	35:07.91	98
17. Smith, Dominic	Saginaw, MI	31	37:23.78	109

**40-49 Male**

1. Senkowski, Jeff	Auburn, MI	49	18:30.96	1
2. Suski, Michael	Grand Blanc, MI	46	19:15.57	4
3. Wressell, Dave	Bay City, MI	42	22:27.04	11
4. Whyte, Mike	Bay City, MI	41	23:59.99	30
5. Hollis, Don	Saginaw, MI	47	24:39.84	34
6. Lange, David	Bay City, MI	43	24:55.78	36
7. Palmer, Richard	Vassar, MI	46	25:18.56	40
8. Trudell, Tom	Bay City, MI	43	26:46.94	51
9. Maida, Joe	Bay City, MI	40	31:22.84	83
10. Eagle, Howard	Bay City, MI	44	32:50.66	89
11. Trepkowski, Ralph	Bay City, MI	48	34:28.48	96

**40-49 Female**

1. Looby, Bridget	Saginaw, MI	44	23:20.48	20
2. Roesner, Angela	Saginaw, MI	46	23:53.10	28
3. Braendle, Steph	Bay City, MI	48	23:55.79	29
4. LaBean, Karen	Bay City, MI	43	24:24.99	33
5. Tausk, Sheri	Midland, MI	41	24:46.32	35
6. Arnold, Donine	Kawkawlin, MI	45	26:10.13	46
7. Witzke, Connie	Bay City, MI	48	30:19.44	77
8. Washabaugh, Cathy	Bay City, MI	48	30:38.28	78
9. Seibert, Laurie	Bay City, MI	47	32:03.51	85
10. Villano, Teresa	Bay City, MI	45	34:40.07	97
11. Linton, Sylvia	Bay City, MI	46	37:10.70	106
12. Covalleski, Sandra	Bay City, MI	45	38:53.37	116

**50-59 Male**

1. Sanchez, Manny	Hemlock, MI	50	19:24.34	5
2. Lynch, Don	Munger, MI	57	22:56.71	14
3. Fall, Russ	Vassar, MI	52	23:07.58	16
4. Davenport, Thomas	Bay City, MI	55	23:09.00	17
5. Prior, Michael	Bay City, MI	54	26:43.57	49
6. Young, Daryl	Bay City, MI	56	26:51.43	52
7. Madaj, Michael	Linwood, MI	51	28:10.35	60
8. Maxim, David	Bay City, MI	58	28:37.51	62
9. Pembroke, Thomas	Bay City, MI	53	28:45.34	64
10. Mich, Jim	Bay City, MI	58	29:02.49	67
11. Rundell, Tom	Bay City, MI	54	38:54.15	117

**50-59 Female**

1. Buda, Linda	Bay City, MI	55	25:24.55	42
2. Stone, Deborah	Bay City, MI	53	26:52.27	53
3. Gallagher, Bridget	Essexville, MI	52	27:29.44	55
4. Grimmer, Ernestine	Bay City, MI	53	27:32.46	56
5. Mitchell, Karen	Auburn, MI	51	28:48.17	65
6. Flues, Linda	Munger, MI	58	29:02.75	68

7. Garrett, Kathy	Linwood, MI	52	29:39.00	71
8. Callaghan, Diane	Bay City, MI	53	29:46.88	73
<b>60-69 Female</b>				
1. Matthews, Jane	Grand Blanc, MI	62	36:17.51	103
<b>60-69 Male</b>				
1. Brunner, Jerry	Bay City, MI	63	26:46.11	50
2. Waliigorski, Tom	Dearborn Heights, MI	64	41:13.28	130
<b>70-99 Female</b>				
1. Thomas, Glenn Ellen	Bay City, MI	71	37:28.79	110
<b>70-99 Male</b>				
1. Palmer, Dick	Vassar, MI	71	30:51.58	80
2. Rogers, Dave	Bay City, MI	70	43:49.96	144

## Category

Name	Town	Age	Time	Place
<b>Division - Walk</b>				
<b>Overall Male</b>				
1. Thompson, William	Harrisville, MI	57	33:49.96	91
2. Hughes, Jim	Bay City, MI	60	35:39.57	100
3. Jean, Steven	Auburn, MI	57	36:51.31	104
4. Watson, James	Bay City, MI	62	37:12.37	107
5. Cable, David	Saginaw, MI	60	40:24.96	127
6. Guza, Michael	Pigeon, MI	40	41:00.05	128
7. Warden, Max	Clio, MI	58	42:14.17	133
8. Ryder, Thomas	Bay City, MI	57	42:46.11	137
9. Villegas, Paulino	Adrian, MI	34	42:49.54	138
10. Kaczmarek, Geoff	Bay City, MI	26	43:46.00	143
11. Schultz, Jon	Bay City, MI	47	44:12.35	150
12. Thomas, Bob	Bay City, MI	49	44:29.58	152
13. Schultz, Jim	Bay City, MI	47	44:29.95	153
14. Mackley, Gary	Saginaw, MI	47	45:15.42	156
15. June, Timothy	Bay City, MI	53	45:32.68	157
16. Whisman, Josh	Bay City, MI	88	45:37.07	158
17. Vedrode, Burr	Saginaw, MI	57	49:24.05	169
18. Orłowski, Jim	Livonia, MI	56	49:44.13	173
19. Maillette, David	Essexville, MI	57	49:51.61	174
20. LaBean, Jeffery	Bay City, MI	46	50:28.01	177
21. Horen, Dean	Bay City, MI	47	50:32.37	178
22. Gilles, Larry	Bay City, MI	66	50:33.18	179
23. Eagle, Zachary	Unknown, NA	14	51:01.14	184
24. Eagle, Howie	Bay City, MI	16	51:01.92	185
25. Daly, Bill	Bay City, MI	57	52:18.17	191
26. Whelton, John	Saginaw, MI	57	52:19.34	193
27. Hickner, Tom	Bay City, MI	54	55:23.00	196
28. Fitzhugh, Walt	Bay City, MI	60	55:26.58	198
29. Massard, Gregg	Sagamore Beach, MA	50	55:29.23	199
30. Frank, Steven	Saginaw, MI	39	55:34.34	203
31. Andrews, Robert	Bay City, MI	58	1:00:09.24	207
<b>Overall Female</b>				
1. Callahan, Jill	Essexville, MI	31	35:47.87	102
2. Aguilar, Nancy	Bay City, MI	46	37:09.39	105
3. Brady, Lynda	Bay City, MI	54	37:18.94	108
4. Sheldon, Judy	Greenbush, MI	60	37:52.67	111
5. Smith, Nancy	Bay City, MI	44	37:52.97	112
6. Prior, Anne	Bay City, MI	53	38:21.96	114
7. Smith, Becky	Kawkawlin, MI	32	38:49.38	115
8. Seegobin, Shawn	Saginaw, MI	30	39:25.24	118
9. Coursey, Shari	Kawkawlin, MI	42	39:30.15	119

10. Thompson, Billie	Harrisville, MI	56	39:36.04	120
11. Roth, Holly	Filion, MI	36	39:38.54	121
12. Esseltine, Pam	Bay City, MI	51	39:42.36	122
13. Chartier, Nancy	Bay City, MI	43	39:47.84	123
14. Hicks, Linda	Kawkawlin, MI	58	39:48.64	124
15. Johnson, Katie	Bay City, MI	11	40:00.00	125
16. Johnson, Laurie	Bay City, MI	43	40:01.66	126
17. Pruitt, Cindy	Cass City, MI	34	41:03.54	129
18. Cathcart, Chris	Bay City, MI	43	41:57.90	131
19. Ayotte, Kelly	Bay City, MI	46	41:58.56	132
20. Kustuch, Rebecca	Essexville, MI	31	42:36.18	134
21. Coonan, Amy	Bay City, MI	48	42:36.59	135
22. Killey, Sarah	Bay City, MI	29	42:37.46	136
23. Ryder, Kashi	Bay City, MI	56	42:52.21	139
24. Threehouse, Louanne	Bay City, MI	65	43:05.12	140
25. Mrozinski, Shelly	Bay City, MI	36	43:07.33	141
26. Schultz, Julie	Bay City, MI	36	43:07.95	142
27. Van Akker, Ashley	Bay City, MI	37	43:53.06	145
28. Perz, Juliet	Essexville, MI	35	43:54.19	146
29. Hompstead, Paula	Bay City, MI	47	44:11.84	149
30. Langenburg, Cam	Bay City, MI	54	44:17.89	151
31. Watson, B arb	Bay City, MI	60	44:30.91	154
32. Thomas, Taylor	Bay City, MI	14	44:35.89	155
33. Dittmer, Mary Beth	Auburn, MI	44	46:03.57	159
34. Schultz, Carol	Birch Run, MI	45	46:05.60	160
35. Waligooski, Carole	Dearborn Hgts., MI	62	46:09.37	161
36. Orłowski, Judy	Livonia, MI	54	46:09.80	162
37. Pembroke, Tammy	Bay City, MI	47	46:15.63	163
38. Enright, Ashley	Saginaw, MI	20	47:04.78	164
39. Krzyminski, Rosalie	Bay City, MI	58	47:35.09	165
40. Umlauf, Laura	Midland, MI	33	47:39.36	166
41. Larner, Gina	Monroe, MI	34	48:46.93	167
42. Vedrode, Dorothy	Saginaw, MI	63	49:23.30	168
43. Miller, Jamie	Bay City, MI	45	49:26.87	170
44. McQuaid, Misty	Saginaw, MI	24	49:39.47	171
45. Orange, Elizabeth	Midland, MI	25	49:39.84	172
46. Maillette, Judy	Essexville, MI	55	49:52.36	175
47. Lupo, Andrea	Bay City, MI	56	50:13.24	176
48. Mackley, Cheryl	Linwood, MI	63	50:41.11	180
49. Petiprin, Joyce	Bay City, MI	63	50:59.33	181
50. Eagle, Mary	Bay City, MI	45	50:59.68	182
51. Przeslawski, Marilyn	Bay City, MI	70	51:00.50	183
52. Larner, Catie	Bay City, MI	16	51:13.87	186
53. Mora, Delores	Saginaw, MI	62	51:14.35	187
54. Willett, Jackie	Auburn, MI	42	51:45.92	188
55. Coughlin, Mary	Bay City, MI	51	51:47.72	189
56. Daly, Valerie	Bay City, MI	49	52:10.84	190
57. Whelton, Ginny	Saginaw, MI	56	52:18.88	192
58. Williamson, Jackie	Saginaw, MI	54	53:16.29	194
59. Tremble, Pamela	Saginaw, MI	38	54:11.77	195
60. Massard, Val	Sagamore Beach, MA	42	55:25.54	197
61. Fitzhugh, Marty	Bay City, MI	61	55:30.41	200
62. Faylor, Laura	Saginaw, MI	30	55:31.50	201
63. Frank, Marsha	Saginaw, MI	33	55:32.38	202
64. Hackenberg, Susan	Saginaw, MI	36	55:35.34	204
65. Brown, Frances	Ferndale, MI	66	1:00:06.73	205
66. Lopez, Penni	Madison Heights, MI	47	1:00:07.53	206
67. Arnold, Janelle	Bay City, MI	31	1:05:13.41	208
68. Gray, Stehanie	Bay City, MI	39	1:05:14.77	209
69. Mattison, Karna	Bay City, MI	52	1:05:25.24	210
70. Baranek, Celeste	Bay City, MI	56	1:05:27.14	211